

Health & Safety

COVID - 19

From the 21st June 2021 current COVID restrictions should be lifted. This means we will be able to run Castle Green 2021 with unlimited participants with no limited safety measures in place.

If for any reason COVID restrictions are not lifted by 21st June 2021 then spaces will be limited to 30 spaces in each session and the first 30 bookings from Eventbrite will claim the spaces.

If restrictions are not lifted by 21st June 2021 then the following measures will remain in place:

Upon Arrival.

When you arrive, you will be greeted by the Castle Green Team, you will be asked to keep a social distance whilst entering Castle Green.

We will be working with a pre-set out one way system which will enable us to control social distancing.

Your friendly team will be working within the regulations for track and trace requirements, this simply means that we will ask to take your temperature this will be recorded along with your contact details.

There will be hand sanitizer on site for use through out the session, please sanitize your hands on the way into the site.

The space will be pre-set up, marked out for the locations for your mat, this also means that you will be guaranteed to see our fantastic instructors through out the sessions.

Mat Hire.

Yoga mat's will be available for hire for a £10 deposit, you may keep your mat for the entire sessions, these will be yours to take away with you to practice at home and on the final session hand them back and we'll refund your deposit. All matts will be fully cleaned before and after your use.